

## Forklift Training Course Whitby

Forklift Training Course Whitby - OSHA and CSA establish criteria for forklift safety training which meets existing regulations and standards. Anybody intending to utilize a forklift is required to successfully finish safety training prior to utilizing whichever kind of forklift. The accredited Forklift Operator Training Program is intended to provide trainees with the practical skills and information to become a forklift operator.

Vehicle and Mobile Equipment safety rules which apply to forklift use consist of pre-shift checks, and regulations for loading and lifting.

An inspection checklist should be done and submitted to the supervising authority before starting a shift. When a maintenance problem is uncovered, the use of the particular equipment should be stopped until the problem has been dealt with. To be able to indicate the equipment is out of service, the keys must be removed from the ignition and a warning tag placed in a visible location.

Safety regulations for loading would consist of checking the load rating capacity on the forklift to determine how much the machinery can handle. When starting the equipment, the forks must be in the downward position. Remember that there is a loss of approximately 100 pounds carrying capacity for every one inch further away from the carriage which the load is carried.

In order to safely lift a palletized load, drive the forklift to the pallet and halt with the fork three inches from the load. Level the mast until it is at right angles to the load. Lift the forks to an inch below the slot on the pallet and drive forward. Then lift forks four inches. Tilt back the load to secure it for moving. Drive the lift backwards if the load obscures frontal vision. Check behind and honk to alert other personnel. Never allow forks to drag on the ground.

The load must be loaded by the forklift in such a way that ensures the load is secure and will not cause a hazard to other objects or people. Restraining loads is required for materials which could shift during transport and destabilize the forklift.

Drums can be strapped together to be able to avoid shifting and movement of the drums. Forklift operators must drive slowly when transporting liquids, to reduce instability in the forklift.